



eco-conscious + mindfully designed skin care
BY EXHALE

PHILOSOPHY

Exhale is dedicated to improving inner and outer wellbeing through the harmonious balance of mind, body and environment. We know our guests and our planet are endlessly evolving, and so are we. This vision is evident in our approach toward skin care. Working with **RENEE LOUX**, exhale's Eco-Advisor, exhale mindfully designed potent, yet pure formulas for active adults. Intended to combat physical, emotional and environmental stress on the skin, these products work to produce visible results and to restore the core essence of pure, clear skin. Each and every component, ingredient and process has been carefully chosen to honor exhale's dedication to conscious sustainability. Our **GRN** product line, in synergy with our transformational therapies and programs, truly heals and transforms from the inside out.



BLUE CHAMOMILE CLEANSER \$20

This gentle foaming cleanser is based on naturally derived plant and vegetable surfactants which provide the deep cleansing action needed to even remove makeup. Absent of harsh chemicals and SLS/SLES free, this blend will not dry or irritate the skin. This cleanser is rich in Certified Organic Extracts of Chamomile, Rosemary and Green Tea. **USE:** Use 1-2 times per day. Morning and evening. Follow with hydrating face serum.



AVOCADO + ALMOND SCRUB \$20

This slightly foaming, creamy scrub employs the non-abrasive properties of natural Walnut Shell Powder, Oat Bran and Sweet Almond Seed Meal to gently exfoliate the skin. Rich in Certified Organic Extracts of Rose Geranium, Chocolate Mint and Avocado, this scrub leaves the skin feeling hydrated and replenished. Certified Organic Aloe counteracts any potential irritation. **USE:** Apply to slightly damp skin. Massage gently in a circular movement with featherweight pressure. Rinse. Use 1-2 times per week.



HYDRATING FACE SERUM \$34

This super hydrating face serum includes Konjac Mannan – a naturally derived ingredient extracted from an Asiatic tuber plant – which firms and moisturizes. The combined synergistic effects of Certified Organic Extracts of Aloe, Eucalyptus, Lavendar, Mango, Corn Silk and Mandarin Orange help to promote softer and healthier looking skin. Daily use will result in a healthier glow to the skin. **USE:** Apply twice a day after cleansing with Blue Chamomile Cleanser and before moisturizing.



GREEN EXFOLIATOR \$28

Infused with the natural aroma of Ripe Green Apples, this exfoliator will gently rub away dead skin cells revealing refreshed and healthy looking skin. Bamboo provides a natural mechanical skin exfoliant while Certified Organic Sage, Basil and Thyme detoxify the skin. 100% natural Pumpkin Bioferment helps promote cell renewal. **USE:** Cleanse with Blue Chamomile Cleanser. Apply thin layer to freshly cleansed skin. Leave on for 10-15 minutes. Rinse. Use 1-2 times per week.



BEARBERRY + WHITE TEA MASK \$22

This emollient clay-based mask was developed based on the mineral benefits found in 100% natural Canadian Glacial Clay. It has a unique molecular structure allowing it to absorb oil and impurities from the skin and cleansing without drying the surface layer. Certified Organic Oils of Ginger Root, Jojoba and Avocado and Shea Butter keep the lipid layer refatted. **USE:** Cleanse with Blue Chamomile Cleanser. Apply thin layer to freshly cleansed skin. Leave on for 10-15 minutes. Rinse. Use 1-2 times per week.



AVOCADO+ CUCUMBER MASK \$22

This is a highly moisturizing cream face mask employs the proteolytic activity of Avocado Ferment, an enzyme. Avocado Oil and Squalane in synergy moisturize, replenish the skin's lipid layer and fight free-radical damage. Certified Organic Aloe Barbados Leaf Juice has antiinflammatory properties and Certified Organic Cucumber Extract is cooling to the skin. **USE:** Cleanse with Blue Chamomile Cleanser. Apply thin layer to freshly cleansed skin. Leave on for 10-15 minutes. Rinse. Use 1-2 times per week.